

## **Wampanoag Environmental Health Consumer EXPO 2010**

### **Speaker Sessions & “Island Spring Harvest” Demo with Chef Robert Lionette**

**10 am – 11 am:**

#### ***“Container Composting & Eco-friendly Backyard Gardening” with Joanne Scott***

A consumer/gardener course in yard responsibility. Living on an island and how we can do our part to help the ecosystem.

**11:15 am – 12:15 pm :**

#### ***“Protecting Our Island Ponds from Nitrogen Pollution” with Joe Alosso, Joanie Ames and Bruce Rosinoff of the MV Water Alliance***

Panel speakers will discuss excess nitrogen in our ponds both up and down island as well as some possible solutions to some of the problems affecting these bodies of water.

**12:30 pm – 1:30 pm :**

#### ***“Public Health 101: Meet Your Local Health Agents” with Local Health Agents: Amanda Hutchinson, Marina Lent, Matt Poole, John Powers and Maura Valley***

A general overview of responsibilities of local health departments in Massachusetts, with an opportunity to expand the conversation on topics of interest identified by the audience.

**2:00 pm: Chef Robert Lionette of Kitchen Porch Catering, will do an “Island Spring Harvest” Demo featuring locally grown and foraged foods.**

**1:45 pm – 2:45 pm:**

#### ***“Community Contributions: Making the Vineyard Greener and Safer” with Bret Stearns, Andrew Jacobs, Kendra Newick, Jim Miller of the Aquinnah Wampanoag Natural Resources Department***

A discussion of the Natural Resources Department programs serving the environment and public safety...you may be surprised!

**3:00 pm – 4:00 pm:**

#### ***“Make it Tight, Ventilate Right”: Balancing Energy Efficiency and Health in Your Home with Rob Meyers of South Mountain Co. and Kim Vermeer of Urban Habitat Initiatives.***

Energy efficiency measures must always go hand in hand with ventilation to ensure that your home is energy efficient AND healthy. In this session two long-time green building practitioners will show you WHY and HOW to build tight—for energy efficiency, but ventilate right—for health.